



Delicioso!: Cooking South Texas style

Junior League of Corpus Christi

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In South Texas, it is fortunate that nature and a mixture of cultures have blended to produce a unique lifestyle based on the land, the sea, and a rich and varied ethnic heritage. The Gulf of Mexico is a constant presence and the source of a generous harvest of seafood. Mexico lends spice and romance to our tables - and to our lives. The ranchlands of South Texas provide the wild game, the beef barbecues, and the casual lifestyle that have made the area famous. Our forebears - Mexican, Irish, German, Eastern European, and more - brought to this land their culture and cuisine. This combination of the land, the sea, and the peoples of South Texas have culminated in a style of cooking and entertaining that enhance and blend with our history. The recipes in this collection reflect that style and are treasured by families in this area. We hope that they will bring you as much pleasure. *Delicioso!* is an authentic South Texas cookbook. This out-of-print book's colorful cover makes it a standout.

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