



# Contemporary Play Therapy: Theory, Research, and Practice

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## Contemporary Play Therapy: Theory, Research, and Practice

This highly practical book presents current developments in play therapy, including innovative applications for particular problems and populations. Contributors first discuss the latest ideas and techniques emerging from object relations, experiential, dynamic, and narrative perspectives. Next, research evaluating the effectiveness of play interventions is reviewed in detail. The book's third and largest section demonstrates creative approaches for helping children deal with a variety of adverse circumstances: homelessness, family problems, sexual abuse, social aggression, natural disasters, and more. Throughout, rich case illustrations enhance the book's utility for clinicians.

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