



Living Pain-Free: Natural and Spiritual Solutions to Eliminate Physical Pain

Doreen Virtue, Robert Reeves

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You don't have to suffer with chronic or acute pain! With a spiritual healing approach, combined with natural remedies, you can reduce or eliminate physical discomfort. **Doreen Virtue** and **Robert Reeves, N.D.** (a successful Australian naturopath), share their approach in an easy-to-follow way so that you can enjoy life again. Don't allow pain to hold you back any longer. Instead, choose to evict it from your body and live pain-free.

This book contains detailed guidelines for healing and includes scientific research, as well as case studies. Learn which methods may be best for you, and how to feel better without the need for harsh chemical drugs or surgery. Underneath your pain is a perfectly comfortable, healthy body. Within these pages you will uncover how to reveal it and ease pain naturally.

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