



The Breakup Blueprint: How to Survive Any Breakup and Get Back in the Game

Patrick King

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Are you still thinking about HER? That special girl who left you, broke up with you, or even worse....cheated on you? Are your feelings for your ex affecting your life? Can't think, can't sleep, can't function? Is every little random thing reminding you of her? What about overcoming those painful memories and emotions? Are you ready to get over your breakup and move on? Breakups cause tons of emotional and psychological damage that shatter your sense of security, making you feel helpless and afraid. We're never really taught how to cope with breakups yet we're expected to just "deal with it" when it happens. I'm here to tell you that you don't need to deal with it alone. The BREAKUP BLUEPRINT is a comprehensive guide to help you survive any breakup and get over your ex. Years of dating and relationship coaching have led me to the extremely intuitive and advanced guidelines I present through my 12 simple steps – and they are unlike the generic advice presented anywhere else. It's not going to be easy, but if you stick to those steps... you'll be out of the dumps in record time. The Breakup Blueprint is about actionable tips and insight that you can start using from day one. It starts with setting the proper mindset and approach then goes into creating a new and improved you. I'll teach you step by step how to turn one of the most negative experiences in your life into a motivational force that will propel you to success beyond your dreams. Here is a sample of the powerful techniques inside: • How to let go of the negative emotions that hold you back from moving on. • Understand why you're better off without your ex. • The importance of being selfish and creating the best version of yourself. • Finding closure so you can start dating again. In addition to advanced tips like... • How to read between the lines when your ex wants you back. • Why being successful is the best form of revenge. • What to look for in your next relationship and how to avoid making the same mistakes. The 12 step program in this book will ensure a speedy recovery from your break up by teaching you how to be in complete control of your emotions. Your life will visibly improve in all respects as a result. Create the life you've always wanted by using the skills you learned from surviving the breakup. The BREAKUP BLUEPRINT is the key you need to survive and thrive. Don't be a slave to your breakup, become the confident man you know you can be. Don't hesitate to pick up your copy today by clicking the BUY NOW button at the top of this page! P.S. Your road to recovery starts today!

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