



Social Skills Training for Schizophrenia, Second Edition: A Step-by-Step Guide (TREATMENT MANUALS FOR PRACTITIONERS)

Alan S. Bellack, Kim T. Mueser, Susan Gingerich, Julie Agresta

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In a large-size format for easy photocopying, this manual presents an empirically tested format and ready-made curricula for skills training groups in a range of settings. Part I takes therapists and counselors step by step through assessing clients' existing skills, teaching new skills, and managing common treatment challenges. Part II comprises over 60 skill sheets. Each sheet--essentially a complete lesson plan--explains the rationale for the skill at hand, breaks it down into smaller steps, suggests role-play scenarios, and highlights special considerations. Appendices include reproducible client handouts and assessment tools; purchasers get access to a Web page where they can download and print these materials for repeated use.

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