



My Father's House: A Memoir of Incest and of Healing

Sylvia Fraser

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She was a beautiful blond child, a quintessential Canadian teenager: she loved Saturday film matinees, giggled at pyjama parties, ran for student president, led the cheerleading squad, went steady with the right boy and married him, her proud father at her side. But from the age of seven Sylvia Fraser shared her body with a 'twin' who lived a separate life from her. This other self was created to do the things Sylvia was too frightened, too ashamed, too repelled to do - the things her father made her do. As an adult, she had no recollection of a sexual relationship with her father, yet some connection always remained - pain, terror and guilt were never far from the surface. With tremendous power, candour and eloquence, Sylvia Fraser breaks through her amnesia to discover and embrace the self she left behind. MY FATHER'S HOUSE is at once a terrible account of a woman's coming of age and a lyric story of love and forgiveness.



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