



**Skills and Techniques for Group Work With
Children and Adolescents by Rosemarie Smead
published by Research Press (1995)**

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This how-to manual is a treasure chest packed with 24 specific skills and techniques that are essential to group work with children and adolescents. Content Highlights 1 Professional Issues and Organizational Skills -- organizing the group experience, understanding the group process, using problem situations as learning experiences 2 Leadership Skills -- activities and exercises, goal setting, dyads and triads, minimal prompts and turn signals, empathy, questioning, cutting off, drawing out, focusing 3 Therapeutic Interaction Techniques -- contracting, feedback, role playing, progressive muscle relaxation, self-improvement homework, "I" statements, closing rituals Recommended for any counselor or group leader who works with children or adolescents -- regardless of the issues that the group addresses or the setting and format of the group. An excellent college text.

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