



Cool Down and Work Through Anger/Cálmate y supera la ira (Learning to Get Along®) (English and Spanish Edition)

Cheri J. Meiners M.Ed.

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Reassuring and supportive, this book helps preschool and primary children learn concrete social skills for anger management and discover that when they cool down and work through anger, they can feel peaceful again.

The English-Spanish editions from the popular Learning to Get Along series help children learn, understand, and practice basic social and emotional skills. Real-life situations and lots of diversity make these read-aloud books appropriate for homes, childcare settings, and primary and special education classrooms. Presented in a social story format, each bilingual book includes a special section for adults, with discussion questions, games, activities, and tips that reinforce improving social skills.



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