



# Metaphors of Healing: Playful Language in Psychotherapy and Everyday Life

*Harish Malhotra*

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*Metaphors of Healing* features hundreds of metaphors Harish Malhotra has created for use with his patients in therapy, which have yielded positive results. Through his metaphors, Malhotra has passed down a successful open-ended interview technique to medical students who are encountering patients for the first time. Readers will be able to use the metaphors to help themselves or others, whether they be a practitioner, patient, or someone looking to gain a deeper understanding of human behavior.

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