



Becoming a Whole Man

David Matheson M.S.

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Wholeness is part of your inheritance as a man.

You are meant to reach your masculine potential and to enjoy community with other men. You are designed to live from your authentic core, undistorted by your wounds and flaws. You are intended to fulfill your essential needs in healthy ways. And you are capable of surrendering traits and tendencies that conflict with your true self.

Yet ours is a time when wholeness isn't fostered, nor is it often passed from father to son in a line of conscious mentorship. You may feel disenfranchised from your masculine inheritance--searching for answers to the age-old question, "What does it mean to be a man?"

Becoming a Whole Man points you inward--into your heart and mind--where these answers wait to be discovered.

Find who you are meant to be.

Becoming a Whole Man is the result of a six-year quest to understand and respond to the most difficult challenges facing men with unwanted homosexuality. The book reaches across time, culture, and faith to bring wisdom from a surprising array of sources. Part principle, part practical, and often revelatory and inspiring, this book is for every man who wants to become whole.

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