



The Seven Sacraments

Anselm Grun (or Gruen)

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Anselm Grun is a spiritual writer who commands huge sales worldwide. This is an illuminating, profound and much needed book of the sacraments. The sacraments are signs of how the Church actually treats such major themes as birth and death, health and sickness, growing up, love, responsibility, mission and guilt, and acts with regard to them. These are central topics addressed by all the sacraments. The best selling Benedictine Fr Anselm Grun applies his extensive counselling experience, great fund of common sense, biblical insight and analytical training to the seven sacraments recognized by the Catholic Church: Baptism, Eucharist (or Communion), Confirmation, Reconciliation (Penance, or Confession), Marriage, Ordination and the Anointing of the Sick. Each sacrament's meaning is examined, as well as its history, its form - past and present - and its impact on the life of those who receive it and those who administer it. Grun also suggests how the sacraments could be made more relevant to Christians living in the twenty-first century. Adults about to receive any one of the sacraments will gain insight and inspiration; teachers, parish priests, and pastoral workers will find their work enriched and made easier; married and celibate will discover elements to celebrate in their own and the other's way of life. As always, Grun combines flashes of radicalism with deep understanding of Catholic tradition. His is a unique voice and here he reclaims a vital subject from widespread ignorance and neglect.

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