



Brown Sugar: Soul Food Desserts from Family and Friends

Joyce White

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Spiced with stories of family and friends, sweetened by memories of holidays and celebratory meals, *Brown Sugar* is a slice of life from African American communities across the country. In this collection of recipes and tales, Joyce White passes along generations of kitchen wisdom and dessert favorites, as well as fresh and creative variations on classic sweets.

From the wedding reception-ready Coconut Peach cake to the simple joy of Gingered Tropical Fruits, these are desserts for any occasion. The flavors are comforting and festive, as are the many poignant stories that White shares. A sublime Sweet Potato Cheesecake is passed along from a hardworking mother in California, while Three Sisters Coconut Pie is White's composite of three good friends' favorite pie recipes, each reflecting their unique backgrounds. The results are at once innovative and familiar.

Whether you are looking to make the perfect Lemon Meringue Pie or to preserve summer fruit, these recipes will satisfy your sweet tooth and add heirloom-quality recipes to your collection. The complex flavors of Star Anise Peach Ice Cream and West Indian Christmas Cake are within reach of any home cook, thanks to White's masterful guidance and the tips and cook's secrets that she provides. White's recipes encourage creativity, offering suggestions for variations as well as a solid foundation for your own soul-inspired sweets.

Brown Sugar is warm, memorable, and universal, and you will be eager to share its recipes and stories, to create your own sweet memories.

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