



Discover Your Psychic Abilities

Sharon Cheney

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"Discover Your Psychic Abilities" is an informative, yet practical book that provides readers with a wealth of knowledge about all forms of psychic abilities and experiences. It teaches the reader how to recognize and develop their own psychic abilities through providing simple exercises they can practice. Sharon provides many examples from her own life as a psychic to help readers find understanding and meaning in their own life experiences. This is a "must read" book.

The book demystifies contact with the spirit world and departed loved ones, and provides easy meditative exercises to establish and maintain on going communication. The reason for past life experiences and how these experiences can benefit readers in their present life are explained. The book also includes different meditation techniques, how to use divination tools, and numerous suggestions for psychic cleansing and protection.

Reading this book will help you to:

Discover the many form of psychic abilities

Recognize and develop your own psychic abilities

How to communicate with your personal spirit guides and angels

Realize how dreams can provide information about your health, solutions to problems, creativity, life direction and even glimpses into the future

Learn to trust your intuition

Discover your true nature

Find out how to protect yourself from negativity

Recognize past life connections and their relevance to your life today

Here is what Sharon Cheney has to say about psychic abilities:

"Everybody is born with psychic abilities. Some of you reading this book may feel that this does not apply to you. While it is true that everybody has psychic abilities, it is also true that many people are either unaware of their gifts or refuse to use them of out fear or because it goes against their belief system."

"A common example of a psychic ability is thinking or dreaming about someone and in the next day or two you get a phone call or run into that person. You may call that coincidence, but it is really mental telepathy. You were thinking about them, and they picked up your thoughts and responded by calling you."

"Perhaps you have experienced deja vu, which is another name for retro-cognition. Deja vu is a sense of familiarity with a place or person that you have not seen or known before in this lifetime. It is a spontaneous remembrance of a past life connection for which there is no logical explanation."

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