



The Buddhist Guide to New York: Where to Go, What to Do, and How to Make the Most of the Fantastic Resources in the Tri-State Area

Jeff Wilson

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Buddhism in New York is as exciting and diverse as the city itself, but can be just as overwhelming for those new to the practice. What's a good temple or practice center to try for your first visit? What should you wear? What are the differences between the various schools? With *The Buddhist Guide to New York*, you can find a supportive community in which to explore the wisdom offered by this 2,500-year-old tradition. The book includes:

- * A brief introduction to Buddhism and the different schools, from Pure Land to Zen
- * General etiquette for visiting temples
- * Practice centers in all five boroughs, New York State, New Jersey, and Connecticut
- * Tibetan stores and restaurants
- * Buddhist health practitioners
- * Museums and cultural resources
- * Bookstores, publications, educational institutions, and other resources

Whether you're a new explorer of Buddhism or a long-time practitioner, *The Buddhist Guide to New York* will help you enjoy everything the region has to offer.

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Nancy Baumgardner:

Precisely why? Because this The Buddhist Guide to New York: Where to Go, What to Do, and How to Make the Most of the Fantastic Resources in the Tri-State Area is an unordinary book that the inside of the book waiting for you to snap the item but latter it will shock you with the secret the idea inside. Reading this book beside it was fantastic author who have write the book in such incredible way makes the content inside easier to understand, entertaining technique but still convey the meaning totally. So , it is good for you for not hesitating having this nowadays or you going to regret it. This excellent book will give you a lot of positive aspects than the other book get such as help improving your expertise and your critical thinking way. So , still want to hesitate having that book? If I ended up you I will go to the e-book store hurriedly.

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